

## Физкульт минутки

1. One, two three clap  
One, two, three step  
One, two three hop  
One, two three stop.
2. Teddy bear turn around  
Teddy bear touch the ground  
Teddy bear reach the sky  
Teddy bear jump very high
3. Snow falls, falls, falls  
Let's play snowballs  
Dear friends Bill and Ben  
Let us make a big snowman
4. Point to the window  
Point to the door  
Point to the ceiling  
Point to the floor
5. Play, sleep, fly, go, stop, take, give  
Jump, look, run, hands up, hands down  
Stand up, sit down, listen, speak, write  
Draw, climb, swim, put, wash, dress  
Eat, drink
6. If you happy and you know it clap your hands  
If you happy and you know it clap your hands  
If you happy and you know it and you really want to show it  
If you happy and you know it clap your hands  
  
If you happy and you know it step your feet  
If you happy and you know it step your feet  
If you happy and you know it and you really want to show it  
If you happy and you know it step your feet  
  
If you happy and you know it say Hurray  
If you happy and you know it say Hurray  
If you happy and you know it and you really want to show it  
If you happy and you know it say Hurray  
  
If you happy and you know it do it all  
If you happy and you know it do it all  
If you happy and you know it and you really want to show it  
If you happy and you know it do it all